



## **Neurodiversity Training Project: Information for Experts by Experience (EBEs)**

### **What is the project?**

- We want to help physical healthcare staff give better care to neurodivergent people.
- Neurodivergent people often have worse health outcomes.
- The project aims to create a one-day training and a reflective journal for healthcare staff to learn how to improve care through understanding neurodivergent experiences and challenges.
- The project aims to have made and tested the training and journal by August 2025
- Our goal is to ensure a respectful and effective collaboration to improve outcomes for neurodivergent people.

### **Your Role as an EBE:**

- Experts by Experience are important for this project.
- You will help us design the training and journal. There are a number of ways an EBE can take part in this.
- An EBE might:
  - Share your personal experiences.
  - Review materials and give feedback.
  - Appear in videos or case studies (optional).

### **What to Expect:**

- **Time commitment:** It is estimated that each task will be 40-60 minutes work, each EBE will be offered up to 5 tasks based on the EBE's time that they are able to give.
- **Support:** We will work with you to find tasks that fit your availability. We will ask you to fill in a **support needs form** to make sure you feel comfortable, and we can address your support needs. We understand that everyone has unique working styles. We will be flexible to accommodate you. We are able to offer check-ins to provide support in the delivery of the project and address any challenges.
- **Compensation:** Each EBE can invoice us a standard payment of £20 for each specific task, up to £100 per person for your participation.
- **Collaboration:** We will involve you at every stage and ensure you consent to how your input is used and encourage you to share your opinions and insights honestly and openly. We will use your preferred communication channels (email, video calls, etc.).

### **Confidentiality and Consent:**

- We take confidentiality seriously. Anything you share with us, whether in a discussion, written feedback, or a video, will be kept private unless you explicitly agree to share it or there is a safeguarding concern. You can withdraw from the project at any time if you feel uncomfortable, without any consequences.
- We will keep anything you share private unless you agree to share it.
- You can stop participating at any time without any problems.
- EBEs will be required to sign an agreement that all project materials will be handled in accordance with data protection laws and the project's confidentiality policy.



- Any content or materials developed by the EBEs as part of the project will continue to be owned by the EBE who will be credited for their contributions. The EBE is granting their permission for the ongoing use of the materials within this project.

### **Why Your Involvement Matters:**

- Your input will help healthcare staff understand how to support neurodivergent people better.
- Together, we can create a more inclusive healthcare system.

### **Next Steps:**

- If you want to get involved or have questions, please contact us.
- We will start by finding out when you are available and how you would like to participate.

Contact details:

[Hello@neuroflect.co.uk](mailto:Hello@neuroflect.co.uk)